

# Mellisa®

*Naturkosmetik ApS. Established in 1986*

## ORGANIC DANISH SKINCARE

*natural and effective  
for the whole family*



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“MELLISA IS A HIGH-QUALITY SKINCARE SERIES THAT DELIVERS VISIBLE RESULTS”

LOUISE MELLISA KLINDER

## A DANISH FAMILY BUSINESS ROOTED IN NATURE

Mellisa was founded in Denmark in 1986. Driven by its principles of sustainability, the company has been a pioneer and promoter of natural and organic skincare in Denmark ever since.

We love both nature and our products.

Our history began in the kitchen of my childhood home, where my mother enjoyed potting around with jars, experiments and natural ingredients. Even as a child, she was very interested in flowers and plants, which she picked, identified and dried. When she was diagnosed with psoriasis, she began a long and enlightening journey into the realm of plants. Initially, to find an alternative to cortisone as a treatment for her psoriasis. Then she turned her attention to other skin problems and needs, with nature as her starting point.

This led to the creation of Mellisa Naturkosmetik, our family business. Today, all our products are still produced in our little factory in Hørsholm, north of Copenhagen, and distributed to every health food shop and major cosmetics reseller throughout Denmark and in several other European countries.

### INGREDIENTS THAT WORK

Mellisa's products are based on pure extracts and oils

from natural plants. In the last 30 years, we have become experts in the plants used in our products.

We have a more detailed understanding of their characteristics today than we did 30 years ago, making us specialists in the use of these ingredients.

I have the same goal my mother had – to produce luxurious, all-natural products of the highest quality, with scientifically documented ingredients that will make a difference for your skin.

We need to take good care of Mother Nature. For that reason, we support organic agriculture, keeping our environmental footprint as small as possible.

To ensure the high quality of our products, we personally select all our raw ingredients and take charge of the entire production process, from beginning to end, so we can ensure that both the ingredients we buy and the final products we sell are handled just the way we want them to be.

With this as our background, we produce a high-quality skincare series that gives visible results. Pure luxury with the lovely scent of flowers that pampers and boosts your skin.

The first product I made was our Face and Body Oil, which quickly became a success. A year later, I followed up with our firming Hydrating Mask. In 2015, came the Serum line, with four different products, completing the



#### NATURAL SKINCARE

### CLEAN PRODUCTS

Mellisa believes in good, naturally sourced products. We believe that nature is best for the skin. Mellisa's products do not contain:

- Parabens
- Synthetic colorants
- Petrochemical-derived oils like paraffin or silicon oil
- Endocrinal-disrupting substances
- Any of the 26 allergenic perfume substances identified by the EU

Mellisa skincare of effective products which most people can afford. All in the spirit of my late mother.

### CARE FOR YOUR SKIN

We want the Mellisa brand to be associated with high quality, social engagement, pure natural organics and reliability.

We believe that clean, natural products, free from synthetic and endocrine-disrupting substances, are best for your skin.

In the development and production phases of our work, we strive to safeguard the environment, emphasising the reduction of water usage and waste of raw ingredients.

All our formulas are developed by Margit Mellisa Klinder and Louise Mellisa Klinder.

We use organic ingredients whenever possible, and our shampoos carry the Nordic Swan Ecolabel, which guarantees that our products meet specific environmental requirements.

We use packaging made from recycled materials. And the air-tight design of our bottles is very hygienic, enabling us to minimise the use of preservatives. There is no contact between your fingers

and the cream, thus avoiding bacterial contamination, and no oxygen can get in to spoil and oxidise the content.

### OUR PROMISE TO YOU

All Mellisa products are developed and produced with a loving hand, and in our company, we have the deepest respect for my mother's original thoughts and plans when she founded Mellisa. We are moving forward in her spirit, focusing on research, innovation and especially on the scientific documentation of our pure and natural products. The ingredients we use make a visible difference and meet all your skin's needs.

You and your skin unique and defy categorisation. The care your skin needs varies by day, season and age. Luckily, Mellisa's multifaceted skincare series has everything covered. We have products for every life phase and skin type.

Our nourishing oils and active ingredients give your skin exactly what it needs to regenerate on its own.

Enjoy!

*Louise Mellisa Klinder*



#### SECOND GENERATION

### THE FAMILY BUSINESS

Louise Mellisa Klinder is the woman behind the skincare series that her mother began producing in her home kitchen in 1986.

When we launch a new product, we always start by building on the vast knowledge of natural active ingredients that the company has gained over the last 30 years. But just as important is ensuring that the use of every single ingredient is based on scientific evidence.



## SKIN TYPES

MELLISA'S PRODUCTS ARE DIVIDED INTO FIVE CATEGORIES TO CARE FOR THE MOST COMMON SKIN TYPES

Know your skin's needs

*The right products, can make a huge difference for your skin*

1.

### BALANCING OILY SKIN

Our cleansing products have antibacterial and antiseptic properties. They cleanse the skin in depth, restoring its cells and protecting the skin barrier.

2.

### HYDRATING DRY SKIN

Our creams and lotions are absorbed quickly while restoring the moisture level of the skin. They are not sticky and are easy to spread all over your body.

3.

### ANTI-AGE CARE FOR MATURE SKIN

Our products have a pronounced anti-ageing effect that leaves the skin smooth and elastic and gives it a natural velvety feel after application.

4.

### SOOTHING SENSITIVE SKIN

Our products provide the skin with optimal moisture and are calming and comforting. They soothe and heal sensitive and redness-prone skin while replenishing it.

5.

### STIMULATING NORMAL SKIN

The revitalising and uplifting characteristics of our products leave the skin with a visibly refined, refreshed and even-toned youthful glow.





## PAMPER AND BOOST YOUR SKIN

**M**ellisa's deluxe skincare series has a fantastic anti-ageing effect. It restores the skin's moisture balance, leaving it velvety smooth with a youthful, even-toned glow.

The Mellisa skincare series has both an immediate effect on the skin and a long-lasting one as the active ingredients penetrate the deeper skin layers, rebuilding the cells and accelerating the biological processes in the skin.

This symbiosis of anti-ageing and superb moisturising properties boosts the skin, providing a sumptuous and sensual feeling of immediate well-being that every woman deserves.

After all, the skin is our largest organ, so how you care for it is absolutely crucial. There are many good reasons to choose Mellisa's natural products, which maintain your skin's suppleness and elasticity.

### SKINCARE SHOULD BE A ROUTINE

The best thing about the Mellisa skincare series is the visible results. If you start with a complete skincare regimen today and stick to it, morning and evening, you will experience visible results in just 21 days.

Skincare is not something you can do half-heartedly once a week. Skincare is a daily routine that you follow for the rest of your life.

If you take good care of your skin from an early age, you can maintain its elasticity and suppleness as you age.

### CLEANSE YOUR SKIN – EVERY DAY

Mellisa's products contain many active ingredients. To ensure that these active ingredients can be absorbed by the skin, it is important to remove the dead cells that accumulate on the surface of the skin every day. Cleansing is the first step towards beautiful skin throughout life. Even if you do not use makeup, your skin is affected by pollution and dirt every day. Cleansing your skin allows it to breathe freely.

Regardless of the type or condition of your skin, it is important that it is clean before it can be cared for – be it oily, dry, sensitive or normal. Use a cleansing milk or washing gel followed by a skin tonic, which balances and restores the skin's natural pH balance and makes it receptive to subsequent skincare products. ■

### YOUR BEAUTY REGIMEN

Good skincare does not work on its own. Food, exercise and sleep are very important for your skin.

A good skincare routine is paramount to achieving impeccable skin that can withstand the challenges of everyday life while remaining soft and elastic.

Mellisa facial care products for all skin types, needs and ages, and so you can find a cream or lotion that provides plenty of moisture while meeting your skin's specific needs. This will give you healthy and flawless skin with a natural glow.

## THE THREE LAYERS

Human skin measures about 2 square metres and weighs about 3 kilograms. It consists of three layers: epidermis, dermis and subcutaneous fat.

### 1. EPIDERMIS:

This is the outer layer of the skin, which we can see and touch. The epidermis consists of the proteins Keratin and Melanin, and it is renewed every 28 days. This skin layer is about 1 millimetre thick and consists of a horny layer and other skin cells.

Keratinocytes are the predominant cell type in the outermost layer of skin. A small share of the cells in the epidermis are the pigment cells that form Melanin, which protects us from the sun. In this part of the skin, there is a more or less effective skin barrier consisting of horny layer cells glued together by fats that resemble the cement you see between bricks. It is important to take care of this barrier, so the cells can hold on to the moisture that helps keep skin healthy. Think of your skin like an apple where the peel is

the waterproof protective shield that keeps the pulp fresh. A hole will cause damage and in no time the pulp will become dry, brown and uneven.

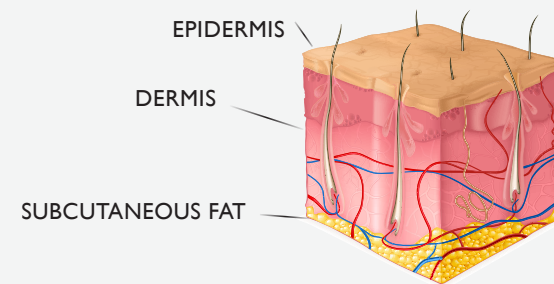
### 2. DERMIS:

This is the layer below the epidermis where skin impurities originate from. Blackheads, pimples and clogged pores. The dermis is also where Collagen and Elastin are formed. This middle layer of skin is like the skin's

spring mattress, which must be strong, supportive and elastic. It consists of connective tissue, which in turn consists of cells and fibres and approximately 90% Collagen (a protein). There are also nerves, hair follicles with sebaceous glands, sweat glands, numerous blood vessels and skin lymph nodes.

### 3. SUBCUTANEOUS FAT:

This layer consists of the fatty tissue that acts as a heat insulating layer and the body's energy storage.



## THE OPTIMAL SKINCARE ROUTINE

### CLEANSE

Stimulated, clean and purified skin strengthens  
your skin's protective barrier.

### CARE

Important elements that cater to the different needs  
of the skin: exfoliation, restoration, barrier construction  
and moisturising.

### PROTECTION

These are the basis for day-to-day skin protection.  
To improve the skin's appearance, health and beauty,  
it must be protected from the sun's rays and  
contamination, every day.

### Cleanse, Care & Protect

*Cleanse, Care & Protect  
Morning and evening! Once  
you establish a routine it  
takes only a few minutes.*





# Cleanse

## Cleansing Milk

150 ml

Our Cleansing Milk is a cleanser and deep moisturiser all in one. It gently cleans and purifies your skin while strengthening your skin's barrier and optimising its moisture balance using Hyaluronic Acid and Minerals. Contains natural fruit acids (AHAs) that help dissolve and remove dead skin cells. Chamomile, Lemongrass, Rosemary and Aloe Vera cleanse your skin and have an anti-inflammatory effect. Wakame, Brown seaweed and Gladback™ (an extract from Poria Cocus) tighten your skin and add freshness.

### Key ingredients:

Rosemary, Chamomile, Wakame



## Mist

200 ml

Your skincare should first and foremost make your skin more beautiful, but there is no reason why it can't smell wonderful as well. This refreshing and mild toner does both. It is formulated without alcohol and leaves the skin soft and smooth. In addition, it frees your skin from the deposits left by hard, chalky water. The Mango extract revitalises, refreshes and moisturises, while the Rose Petal extract strengthens, softens, rebuilds and stimulates skin cell renewal. This refreshing moisture mist does it all, whatever the time and place.

### Key Ingredients:

Fig, Golden Root, Hydromanil™



## Facial Cleansing Gel

200 ml

A gentle and soft foaming facial cleanser with a fresh scent of citrus that gently and effectively removes makeup, dirt and impurities from the skin. It stimulates the skin's own rebuilding process by cleansing in depth to counteract bacteria and stabilise sebum production. Your skin appears clean, fresh and strengthened. The refreshing, active cleansing and moisturising ingredients include Glycerine and Thyme, while St. John's Wort, Chamomile and Aloe Vera relieve and soothe your skin. Fruit acids from Wild Strawberry exfoliate gently while Wheat protects your skin from pollution.

### Key ingredients:

Thyme, Green tea, St. John's Wort



## Scrub Cream

50 ml

A nourishing and softening facial scrub that stimulates cell renewal and removes impurities. It gently sluffs off dead skin cells with exfoliating abrasive grains, made from modified cellulose derived from wood pulp. Cellulose can easily be broken down in nature, like a leaf on the ground. Your skin is cleansed in depth, and oils from Macadamia and Carrot Seed ensure your skin's vitality and power. Freshness and moisture are supplied by extracts of Hawaiian White Ginger and the "pride of the South" Pomelo fruit. This scrub cream is rich in antioxidants from Green Tea. Chamomile and Lavender leave your skin feeling relaxed and pampered, while Citrus gives it energy and has a refreshing effect.

### Key ingredients:

Pomelo, Ginger, Lavender



## HOW TO USE MELLISA AHA CREAM SERUM FOR YOUR SKIN TYPE

### FOR WRINKLED, GREY AND TIRED SKIN:

Apply Mellisa AHA Cream both morning and evening to clean skin. In the morning, use Mellisa Multivitamin Cream on top of the AHA Cream. In the evening, use Mellisa Multivitamin Cream or Mellisa Night Cream on top of the AHA Cream.

Additionally, use Mellisa Scrub Cream and Mellisa Moisture Mask twice a week.

### FOR DRY AND THIRSTY SKIN:

Very often the skin feels dry and tight, and we are tempted to slather it in layers and layers of lotion. But if the skin's pores are completely clogged, you won't get the desired effect.

Creams and lotions adhere to the outer layer of your skin and will not work unless the layers of dead skin cells are removed.

Apply the AHA cream both morning and evening on clean skin. In the morning, follow with Mellisa D-Vitamin Cream or Mellisa Day Cream for Dry and Thirsty Skin. In the evening, apply Mellisa Day Cream for Dry and Thirsty Skin or Mellisa Night Cream.

Additionally, use Mellisa Scrub Cream and Mellisa Moisture Mask twice a week.

### FOR IMPURE AND OILY SKIN:

Apply Mellisa AHA Cream both morning and evening to clean skin, followed by Mellisa Day Cream for Impure and Oily Skin. Mellisa AHA Cream contains disinfectant and cleansing herbs. It dissolves and removes dead skin cells and is the basic care for oily skin that has an overproduction of sebum. Sebum is what clogs the skin's pores, causing pimples and blackheads.

Additionally, use Mellisa Scrub Cream twice a week. This combination will give you a noticeable result.

### FOR NORMAL AND SENSITIVE SKIN:

Apply Mellisa AHA Cream both morning and evening to clean skin. In the morning, follow with Mellisa Day Cream for Normal and Sensitive Skin or Mellisa Facial Gel. In the evening, apply Mellisa Night Cream. Additionally, use Mellisa Scrub Cream and Mellisa Moisture Mask twice a week. ■

#### GOOD TO KNOW

#### FRUIT ACIDS REJUVENATE

Alpha Hydroxy Acids, or AHA, are acids derived from a variety of non-irritant and non-toxic fruits and plants, such as Grapefruit, Passion Flower, Pineapple and Chamomile extract, hence the name "fruit acids".

They have been known for their effectiveness since the 1960s and have previously only been available through dermatologists. Today, their properties are so well-known and so well-controlled that they are now safe to use in the everyday skincare.

### AHA Cream

An amazing beauty cream that boosts cell renewal. Containing 20% natural fruit acids, it acts both as an exfoliator and a moisturiser. Your skin gets a peeling and all the dead skin cells dissolve, so your skin can breathe better. This cream serum promotes the formation of collagen, which is the matrix of skin cells. Sesame, Vitamin C, Blueberries and Mango minimise and smooth fine lines as well as wrinkles. Mallow and Sea Buckthorn add moisture and vitality. The Pearlessence™ complex acts as a rejuvenating and regenerating compound.

#### Key ingredients:

Pearlessence™/Hydrolysed Pearl, Strawberry, Mallow



### AHA Herbal Lotion

Mellisa AHA Herbal Lotion contains Squalane, Borage Oil, Olive Oil, and Sage, all of which add and retain moisture. Milk Thistle extract is anti-inflammatory and cleanses and calms itchy skin, while Centella stimulates cell growth. This lotion contains 10% natural fruit acids and provides intense moisture, leaving your skin smooth and elastic.

#### Key ingredients:

Aquastream™/Rhubarb, Violet, Liquorice





The light texture and the smaller molecules make it easier for a serum to penetrate deeper into the skin to deliver a high dose of active ingredients.

# SERUM – for mature skin

15 ml

With its light texture and smaller molecules, a serum is able to penetrate deeper into the skin, providing a high dose of active ingredients.

Mellisa has developed a series of serums for men and women over the age of 30 who want to take extra care of their skin and delay the signs of ageing. This series consists of four serums, containing specially selected organic extracts and oils from all over the world that act in depth. Each serum focuses on a particular need rather than on a particular skin type. You can therefore find exactly the serum you need, regardless of your skin type.

A serum acts as a camisole or an undershirt in the winter – you can get by without, but your well-being improves significantly when you wear that extra layer. The same goes for your skin.

The four serums all have an anti-age effect, but achieve it differently, utilising different properties, oils and extracts. The more serums you use, the greater and faster the effect you will see.

All are rich in Antioxidants and Vitamins and improve your skin's elasticity, while nourishing and adding softness. They all ensure faster cell building and restoration of the

skin's moisture balance. All four serums are firming, improve the skin barrier, repair and renew the skin, leaving your skin with a healthier glow.

## USE DIFFERENT SERUMS:

### ANTI-WRINKLE SERUM

A highly concentrated serum that reduces the signs of ageing and strengthens your skin's elasticity. This serum is packed with an extra high content of Vitamins, including Vitamin A, which stimulate skin for better performance.

### MINERAL SERUM

Perfume-free serum with a high content of Minerals to soothe and calm the skin.

### MULTIVITAMIN SERUM

Oil-free serum which reduces pore size. Has an extra high content of Vitamins, including Vitamin A. This serum cleanses and refreshes.

### MOISTURISING NIGHT SERUM

An intensive moisturiser when your skin requires an extra boost and more moisture.





### Multivitamin serum

An oil-free and refreshing serum that helps visibly reduce pores. Mellisa's Multivitamin Serum is very rich in Vitamins, especially Vitamin A, for a calming, moisturising and protecting effect. This serum is perfect when you want to hydrate and nourish your skin, especially when it feels sensitive and irritated.

It contains Affipore™, a plant-based extract that reduces the effect of the accumulation of sebum on the skin, while the high concentration of Vitamins and Antioxidants are anti-bacterial, purifying and cleansing. Its soothing effect on redness and irritation are the result of a high content of vitamins, antioxidants and amino acids, which give your skin renewed energy and better elasticity.

**Key ingredients:**  
Affipore™/Buchu, Ginger, Echinacea, Rose Hip



### Mineral serum

A perfume-free serum that stimulates cell-repair processes, keeping your skin healthy and fully of energy.

This serum contains Honey, which calms, hydrates and counteracts the signs of aging. Evening Primrose and Green Algae moisturise, hydrate and tone your skin. Vanilla eases tension, de-stresses, reduces water loss from the upper layers and restores the moisture balance of your skin. Shea Butter nourishes, cleanses and enhances your skin's elasticity.

The combination of Linum Seeds and Sweet Almond Oil repairs damaged skin and heightens the effects of the other ingredients, while providing moisture and smoothness.

**Key ingredients:**  
Acai, Green Seaweed, Sweet Almond Oil, Shea Butter



### Moisturising Night Serum

Mellisa Moisturising Night Serum moisturises your skin with Vitamins and Antioxidants, leaving it silky smooth in the deeper layers. An obvious choice for skin that needs extra moisture or a boost. This serum's content of revitalising oils, like Sea Buckthorn Oil, which is rich in Vitamins and Fatty Acids, provides an invigorating and moisturising effect, while Sesame Oil improves your skin's elasticity. Rosehip Oil and Seaweed stimulate cell rebuilding, tighten the skin and reduce wrinkles. Avocado Oil repairs, nourishes and softens thanks to its high Vitamin content. Linefill™, a vegetable formulation containing Sesame Oil, fills wrinkles for smoother skin. Sweet Almond Oil's high content of Fatty Acids repairs and regulates the skin's normal functions. All while you sleep.

**Key ingredients:**  
Sea Buckthorn, Linefill™ / Sesame, Seaweed Oil, Avocado.



### Anti-Wrinkle Serum

Mellisa's Anti-Wrinkle Serum contains an extra-concentrated extract that reduces the signs of aging and increases skin elasticity. Edelweiss and Açai moisturise and protect your skin while stimulating cell renewal. Grapefruit cleanses and revitalises. Vitamins and Ginkgo Bilboa maintain your skin's moisture balance and prevent wrinkles, while Green Seaweed tones and increases elasticity thanks to its high protein content. Tens-Up™, an active ingredient based on Tara and Chicory, has a lifting effect and reduces signs of tiredness on the skin. Linefill™, a plant active based on Sesame oil, stimulates skin lipids, fills wrinkles and adds visible volume to the face and lips while smoothing your skin. This serum is absorbed deep in the skin, leaving it feeling silky-smooth and hydrated, both on the surface and in the lower layers.

**Key ingredients:**  
Grape, Edelweiss, Linefill™ / Sesame, Ginkgo Biloba





# FACIAL CARE

50 ml

## Day Cream for Normal and Sensitive Skin

A harmonising and protective cream that heals and comforts delicate and sensitive skin. Extracts of Calendula, Chamomile and Aloe Vera soothe delicate and redness-prone skin with a mild anti-bacterial action from Calendula flowers. Extracts of Horse Chestnut and Arnica reduce the signs of couperose. This cream contains high amounts of antioxidants which protect your skin from oxidative stress. The plant extract Agascal™ neutralises the negative effects of psychological stress on the skin, such as inflammation and redness.

Key ingredients:  
Elder, Calendula, Carrot



## Day Cream for Dry and Dehydrated Skin

An effective luxury cream that regulates and optimises your skin's moisture balance with the help of Squalane, Shea Butter, Glycerine, Green Seaweed and Hyaluronic Acid. This cream smooths, refines and enhances the appearance of your skin thanks to its content of Sesame Oil, Vitamin C and Vitamin E. Olive Oil and Cocoa Butter add nourishment to help rebuild the skin's natural barrier. Lavender extracts, with relaxing and calming properties, combined with Sea Buckthorn, restore the skin's elasticity, visibly improving its structure.

Key ingredients:  
Hyaluronic Acid, Lavender, Marshmallow



## Day Cream for Impure and Oily Skin

This cream contains high amounts of Thyme, Rosemary and Burdock that work together to dissolve sebum and clogging substances. It is therefore ideal for acne prone skin. Seaweed, Apricot, Lemon and Sage ensure your skin lasting moisture, while deep-cleaning the pores and neutralising excess oil.

Its content of Flavonoids and Phenolic Acid gives it Antioxidant characteristics, while Ivy, Saponaria, Fucus and Vitamin C neutralise free radicals, are anti-inflammatory and have healing properties.

Key ingredients:  
Burdock, Thyme, Rosemary



## Multivitamin Cream for Ageing Skin

With many stellar ingredients Mellisa Multivitamin Cream has been voted Test Winner among anti-wrinkle creams multiple times. The Zirhafirm™ complex tightens and lifts your skin, for a more youthful appearance. It increases your skin's elasticity, toning and reshaping facial contours with anti-aging properties. Plenty of Vitamin A comes from Milk Thistle, Apricot and Green Tea extracts; Vitamin E and Açai provide Antioxidants and the Vitasource™ complex reduces tiny lines by activating skin cell renewal.

Key ingredients:  
Mango, Vitasource™/ Baical Skullcap, Zirhafirm™/ Rhaponticum, Jujube



Combined Day & Night Cream

Winner of  
"Best Danish Skincare Product"

# FACIAL CARE

50 ml

## Firming Facial Gel

A fresh gel enriched with soothing Calendula and the powerful antioxidants from Green Tea, combined with ingredients to cleanse, disinfect and firm your skin. Horse Chestnut stimulates the micro circulation and reduces pore size, redness and irritation. Carrot Seed Oil, Collagen and Vitamins C and E ensure cell renewal, while Evening Primrose leaves your skin soft and supple. Mellisa Firming Facial Gel also contains moisturising extracts of Phytoplankton to ensure continual hydration throughout the day. Perfect for daily use – also for oily, impure skin, thanks to its disinfecting, cleansing and healing properties.

### Key ingredients:

Phytoplankton, Juniper, Evening Primrose



## Vitamin D Cream with SPF 10

With a natural high content of Vitamin D from Avocado combined with several Antioxidants, this cream provides powerful protection against free radicals produced in your skin as a consequence of sunlight and pollution exposure. Vitamin C and Rosemary extract boosts cell renewal, and has a plumping and firming effect. Mellisa Vitamin D Cream has a documented moisture-locking and anti-aging effect thanks to its content of both high and low molecular weight Hyaluronic Acid, which guarantees hydration for up to 24 hours.

### Key ingredients:

Pumpkin, Apple, Vitamin D



## Night Cream

Mellisa Night Cream ensures your skin's vitality and softness thanks to its content of Shea Butter, Jojoba Oil and Cocoa Butter, while its moisturising compounds come from Squalane, Glycerine and Sage. This cream provides a soothing and smoothing action thanks to its action from Lavender, Aloe Vera and Chamomile, along with the nutritive properties of Sesame and White Tea. Finally, Açai, White Horehound, Vitamin E and Mango boost renewal and rebuilding to protect and restore your skin barrier.

### Key ingredients:

Sesame, White Horehound, Sage



### TIP

*Nothing beats a good night's sleep. It can do wonders for your skin and your radiance. But a lovely, rich night cream can help your skin to recuperate and regenerate itself.*



A moisture mask is a great boost for tired and stressed skin. Packing in moisture and strengthening the skin barrier will give you a healthier and fresher look in no time.



# FACIAL CARE

50 ml

## Décolleté Cream

There are many myths about décolleté creams. Do we even need them?

Mellisa thinks we do. The reason is simple. Your décolleté line, neck and breast need just as much tender loving care as the skin on your face. However, because the skin of your décolleté area is sensitive, delicate and exposed, it deserves its own specialised care. We have combined a variety of ingredients, including Collagen, Vitamin C, Seaweed, Hibiscus and Centella, which prevent the signs of ageing and revitalise and boost your skin's elasticity. Then there is Cranberry for improved microcirculation and vitamin-rich Acerola.

### Key ingredients:

Collagen, Tens'Up™/Chicory/Tara, Cranberry



## Moisture Mask

This mask has a lifting and tightening effect thanks to the revolutionary active ingredient Tens'Up™, a composite extract of Chicory and Tara. It has a remarkable and well-documentedboosting effect on the formation of collagen as well as improving the skin's elasticity and firmness.

Mellisa's Moisture Mask also contains moisturising Squalane, Olive Oil, Borage and Glycerine, as well as nourishing and softening Cocoa Butter. This mask is packed with organic extracts from Goji berries, Sage, Açai berries, Shea Butter and Argan Oil to give all skin types a healthy and beautiful glow.

### Key ingredients:

Goji, Squalane, Açai



# EYE CARE

15 ml

## Eye Contour Cream

The skin around our eyes is extremely thin and delicate. It is the first place to show the signs of ageing. Mellisa Eye Contour Cream increases your skin's flexibility and provides a healthy skin barrier, which is moisturised, repaired and therefore resistant.

Treat your skin with plenty of moisture from White Tea extracts, Shea Butter and Aloe Vera. Meanwhile, Hibiscus and Açai berries have a cell-renewing effect, reducing fine lines and wrinkles. Cocoa Butter helps rebuild the skin barrier, while Apricot Kernel Oil enhances the hydration level of your skin, making it more flexible. Vanilla and Cherries provide a beautiful feeling of sensual well-being. Contains Caresoft™, a plant extract which reduces the signs of damage in sensitive skin.

### Key ingredients:

Caresoft™, Hibiscus, Cotton



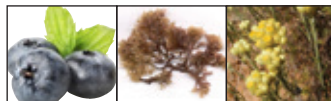
## Eye Contour Gel

Reduce puffy eyes and prevent fine lines. Our Eye Contour Gel contains powerful Blueberry extract that counteracts swelling and stimulates the microcirculation. The gel provides your skin with plenty of hydration from Cotton, Comfrey and Gelmoist™, an extract of Red Seaweed rich in Vitamins A, B, C and E, proteins and minerals. It also promotes the skin's regeneration process for a firm, radiant complexion, while reducing wrinkles and fine lines. In addition, Gelmoist™ has antioxidant properties that protect the skin, prevent ageing signs and stimulate collagen formation.

Irish Moss, a key component in Gelmoist™, activates the production of collagen and elastin in the skin. Mango, Strawberries and Everlasting refresh and give glow. Chamomile and Aloe Vera calm and repair the skin.

### Key ingredients:

Blueberries, Gelmoist™, Everlasting



### GOOD TO KNOW

## GEL OR CREAM?

Some of the typical problems in the eye contour area are early ageing signs like wrinkles, lines, visible dark circles and puffy eyes. To combat them, always use Mellisa Eye Contour Cream and Eye Contour Gel, especially designed for caring for the sensitive skin around the eyes.

### Mellisa Eye Contour Gel

is especially suitable for day-time use. It prevents eye-bags and dark circles under the eyes while smoothing wrinkles and fine lines.

### Mellisa Eye Contour Cream

is good for night-time because of its extra deep moisturising ingredients improve the eye area's elasticity and flexibility, while smoothing and firming the delicate skin.



## TIP

Mellisa eye care products are suitable for contact lens wearers.



# BODY CARE

Lotion/Cream 150 ml

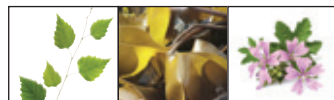
## Body Lotion

A rejuvenating and moisturising body lotion. Your skin will reinforce its barrier and its reserves will be filled with Vitamins and Antioxidants.

Mellisa Body Lotion contains oils from Olive and Sunflower as well as Glycerine, which act together to provide moisture and nourishment. Extracts of Green Tea, Vitamin E and Oarweed supply antioxidants and counteract ageing signs. Aloe Vera, Mallow, Bladderwrack and Chamomile have a soothing and calming effect. Birch helps your skin regain its balance, and cleans, stimulates and strengthens the skin barrier.

### Key ingredients:

Birch, Oarweed, Mallow



## Lemon Balm Cream unscented

This mild yet luxurious lotion is an anti-age treatment for the whole body, guaranteeing softness, flexibility and elasticity for your skin with the help of its content of Green Seaweed, Cocoa Butter, White Tea, Ceramides and Minerals. Lemon Balm gives it a natural lovely and relaxing scent.

Rhubarb, Ginkgo Biloba and Vitamins B, C and E will revitalise and restore the moisture balance in your skin. It also contains Allantoin, which is soothing and promotes natural cell division, as well as oils from Apricot and Olives to protect and moisturise the skin.

### Key ingredients:

White Tea, Vanilla, Lemon Balm



## TIP

Combine or switch between Mellisa Face & Body Oil and another Mellisa body care product to give your skin a perfect combination of moisture and extra nourishment.

Oil 200 ml

## Face & Body Oil Unscented

Our oil comprises Vitamin E, Minerals and Antioxidants from seven of the world's most moisturising, nourishing and restorative high-quality plant oils: Calendula, Argan, Jojoba, Borago, Pomegranate, Apricot and St. John's Wort, with added Vitamin E.

Pomegranate oil is very rich in protective antioxidants and stimulates the skin's natural cell renewal process. Finally, Vitamin E-rich Apricot Oil also has nature's highest content of Vitamin A.

### Key ingredients:

Argan, Borage, Pomegranate



## TIP

Mellisa Face & Body Oil is preservative- and perfume-free, and is so pure that it can be used for baby massage as well as for dry, red, sensitive and irritated skin. It prevents stretch marks and softens and soothes the skin.





# BODY CARE

50 ml

## Leg & Foot Cream

We call it a little miracle. We have developed it because your legs and feet deserve the best. We have achieved this by using evidence-based active ingredients that relieve tired, sore and swollen legs and feet.

This cream reduces the feeling of restlessness in the legs and activates blood circulation. Horse Chestnut, Guarana, Arnica and Red Wine increase blood circulation and relax your feet. Meanwhile, Legactif™, a complex of extracts from Butcher's broom, Goldenrods and Lemon, reduces oedema formation in swollen legs and feet.

### Key ingredients:

Guarana, Legactif™, Red Wine



## Hand Cream

Mellisa Hand Cream pampers your hands every day. It is quickly absorbed by the skin and gives your hands a nourishing protective layer that provides intense moisture for lovely soft hands. The content of organic oils and extracts makes this hand cream especially stimulating. Vitamin E, Sunflower, Cocoa Butter and Glycerine nourish and strengthen the skin barrier. Mallow, Olive, Squalene, Hyaluronic acid and Aloe Vera provide moisture. Hazel Oil has a firming effect and cares for irritated, rough and cracked skin. Carrot and Mango have a firming effect.

### Key ingredients:

White Orchid, Hazel, Wheat



# SPECIAL CARE

30 ml

## Arnica balm Unscented

A classic from Mellisa, which is always good to have at hand. This 30-year-old recipe immediately alleviates all kinds of irritation.

The balm is based on extract of fresh Arnica flowers and possess an abundance of nourishing and protective properties. It cleans and heals wounds and scratches, prevents frost damage (does not contain water), cares for cuticles, and is ideal for skincare after hair removal, reducing redness in no time.

### Key ingredients:

Arnica, Apricot, Sunflower



## Lip Balm

Mellisa Lip Balm adds fullness to the lips, restores elasticity and gives them a healthy, red tint.

In addition to Aloe Vera, Beeswax and Arnica, our Lip Balm contains extract of Lemon Balm, which stimulates blood circulation and leaves the skin smooth and soft.

Used daily, it can help prevent cold sores.

### Key ingredients:

Beeswax, Cacao Butter, Aloe Vera





Multivitamin Shampoo

200 ml

Our shampoo enhances your hair's elasticity and strength thanks to its cleansing and moisturising ingredients. Rich in antioxidants, it reduces split ends, leaving your hair strong and healthy.

Key ingredients:

Aloe Vera, Rose, Acai



Multivitamin Body Shampoo

200 ml

Both our Hair and Body Shampoos carry the Nordic Swan Ecolabel and contain none of the 26 allergens on the European Union's list.

Key ingredients:

Aloe Vera, Rose, Acai



Anti-Dandruff Shampoo

200 ml

This shampoo is ideal for dry, itchy scalp and sensitive skin. In case of severe flaking, we recommend moisturising your scalp by applying Mellisa AHA Herbal Lotion in the evening and letting it sit overnight.

Key ingredients:

Comfrey, Yucca, Bromeline/Pineapple Enzyme





# BABY

*Mild, Unscented & Organic Baby Series*

Mellisa's Skincare Series also includes products for your baby's delicate skin. Although treatment of your baby's tender skin should be kept to a minimum, there may be good reasons for giving it a helping hand. Mellisa's products are based on the least possible number of ingredients. The few that are used are very mild and completely free of allergens.

## MELLISA BABY BATH OIL

A mild bath oil containing Olive Oil, Calendula and Aloe Vera. A couple of pumps in baby's bath are perfect to counteract the drying effect of the water. After the bath, gently and carefully pat dry your baby to retain the moisture as well as the emollients delivered from the bath to the baby's skin.

## MELLISA BABY SHAMPOO

This mild baby shampoo contains Aloe Vera, which soothes and moisturises. Aloe Vera has good skincare properties and can alleviate outbreaks of cradle cap. In addition, Mellisa Baby Shampoo carries the Nordic Swan Ecolabel, which guarantees products with a minimal environmental impact. Its nourishing ingredients

are derived from 100% biodegradable plant ingredients.

## MELLISA BABY SALVE

Baby's skin in the diaper area is exposed to several causes of irritation. Mellisa Baby Salve protects it by establishing an effective barrier on baby's delicate skin. Moreover, it heals and replenishes the skin thanks to its content of organic Chamomile, Arnica and Calendula. This salve is suitable for an irritated and red baby bum as well as for red baby cheeks. Our Baby Salve also relieves sore and chapped nipples both before and after breastfeeding. It is soothing, nourishing and healing as well as disinfecting. This salve doesn't contain water, and therefore provides complete protection for your baby's face in frost and cold weather.

## MELLISA BABY LOTION

After bathing, all skin – also baby's skin – needs a protective cream or lotion to avoid drying out. Mellisa Baby Lotion is made from the purest and mildest nourishing, moisturising and soothing ingredients. It is not greasy and absorbs quickly. Active ingredients include organic Jojoba Oil, Calendula and Aloe Vera. ■

### GOOD TO KNOW

## MELLISA BABY SERIES

Our Baby Series is unscented to protect your baby's delicate skin as much as possible. Aloe Vera is a recurring ingredient in the baby series, and Apricot Kernel Oil is the carrier oil.

### Key ingredients:

Aloe Vera, Calendula,  
St. John's Wort, Apricot





## Sun Protection

Key ingredients:

Avocado, Olive Oil, Vitamin E



## Aftersun

Key ingredients:

Menthol, Centella, Ginkgo Biloba



UVA vs. UVB rays

UVA = Ages the skin  
UVB = Causes sunburn

## SUN SERIES – for the whole family

150 ml

Mellisa's Organic Sun Protection Lotions contain UVA and UVB filters that are approved for use in accordance with the Nordic Swan Ecolabel.

They are free from nanoparticles, parabens, perfumes and hormone disruptors.

Features: Our sunscreens keep your skin moisturised and protect your tan. They protect the skin against the harmful UVA and UVB rays, minimise the risk of sunburn and prevent skin peeling.

Mellisa sunscreen lotions contain many active plant extracts that nurture and protect the skin optimally during sunbathing.

The combination of Sage, Olive, Aloe Vera, Chamomile and Avocado provides hydration, strengthens the skin's natural moisture barrier and has calming and anti-inflammatory properties. Açai, Vitamins and Carrot Seed Extracts protect and soften the skin, leaving it feeling supple and beautiful.

The sun is the skin's worst enemy, and we have kept this well in mind in our Mellisa Sun Series.

## GOOD TO KNOW

## AFTER SUN

Your skin needs moisture and care after it has been in the sun.

Mellisa Aftersun has been proven to reduce sun damage, cell damage and DNA damage. It counteracts wrinkles, the loss of elasticity, and reduces peeling and skin irritation.

Nourishing Cocoa Butter combined with strong antioxidants from Vitamins C and E ensure an optimal moisture balance and protection. Its content of Menthol cools and refreshes your skin. Aftersun is enriched with moisturising, protective and replenishing oils from Avocado, Olive, Sunflower and Glycerine. Extracts of Lavender, Calendula, Aloe Vera and Echinacea soothe, repair and calm the skin.

- Apply a liberal amount of Mellisa Sun Lotion SPF 20 or 30 to body and face, according to the sun's strength between April and October. Even in the shade!
- Always protect your skin when the UV index is above 2. Be aware of UV alerts in the media.
- Avoid the sun between noon and 3 pm.
- Take regular breaks in the shade.
- Use a sun hat or cap and wear light clothing.
- Avoid tanning beds.



## SKINCARE GUIDE FIND YOUR SKIN TYPE

### NORMAL SKIN

Normal skin has a smooth structure with no unevenness, such as dry flakes or pimples. The specificity of a normal skin type is that it is constantly able to renew, heal and moisten itself. A normal skin type is continually able to renew and heal itself, and maintain a healthy moisture balance, with good blood circulation under the skin, which clearly shows on the outer skin.

Normal skin should first and foremost be moisturised and cared for with products that calm, heal and replenish.

#### THE IDEAL REGIMEN:

Wash your face every morning and evening with Mellisa Cleansing Milk or Facial Cleansing Gel and tone it with Mellisa Mist. You can apply all four serums or use two different serums in the morning and in the evening to cover the different needs. Moisturise with Mellisa Day Cream for Normal and Sensitive Skin or Vitamin D Cream with SPF in the morning and Mellisa Night Cream in the evening.



*Mellisa creates Danish organic skincare products with a high content of natural active ingredients that strengthen, nurture and boost your skin.*



## DRY SKIN

Dry skin is characterised by a slightly rough or irritated surface. It may have the ability to replenish its moisture deposits, but it has trouble retaining the hydration.

### THE IDEAL REGIMEN:

Wash your face every morning and evening with Mellisa Cleansing Milk and tone it with Mellisa Skin Toner. Moisturise with Mellisa AHA Cream and Day Cream for Dry and Thirsty Skin or Vitamin D Cream with SPF in the morning. Apply Mellisa Moisturising Night Serum and Mellisa Night Cream in the evening. Furthermore, It is also recommended to use Mellisa Scrub Cream and Moisture Mask once or twice a week.



## Know your skin's needs

*The right products can make a huge difference for your skin.*

## SENSITIVE AND DELICATE SKIN

Sensitive skin reacts to different types of ingredients. It may have a tendency towards allergy-induced redness and itching, as well as eczema. It is especially characterised by being very sensitive to cold and heat. Like all other skin types, sensitive and delicate skin needs moisture. Mellisa has a range of unscented products that are ideal for this skin type.

### THE IDEAL REGIMEN:

Wash your face every morning and evening with Mellisa Cleansing Milk and tone it with Mellisa Skin Toner. Apply Mellisa Mineral Serum and Lemon Balm Cream or Face & Body Oil in the morning and evening. Mellisa Eye Contour Cream and Eye Contour Gel are unscented and therefore suitable for sensitive and delicate skin.





## OILY AND ACNE-PRONE SKIN

If your skin has an overproduction of sebum, it is important to choose the right skincare. Do not attempt to dry out oily skin, as this will only create even bigger problems.

Mellisa products for oily and acne-prone skin help to balance sebum production and reduce pores.

### THE IDEAL REGIMEN:

Wash your face every morning and evening with Mellisa Facial Cleansing Gel and tone it with Mellisa Skin Toner. Apply Mellisa Multivitamin Serum or AHA Cream. Use Mellisa Day Cream for Oily or Acne-Prone Skin and in the evening Mellisa Firming Facial Gel, and take advantage of their cleansing properties.



## MATURE SKIN

Mature skin needs a little bit of everything. With age, the rate of cell renewal and the production of Hyaluronic Acid and Collagen decline.

Mellisa products with Hyaluronic Acid help lock moisture into the skin, giving it plumpness and elasticity.

Vitamins and Antioxidants are also needed to boost the glow and firmness of your skin.

### THE IDEAL REGIMEN:

Wash your face every morning and evening with Mellisa Cleansing Milk or Mellisa Facial Cleansing Gel and tone with Mellisa Mist. Use Mellisa Scrub Cream or AHA Cream to help slough off dead skin cells and accelerate cell renewal. Apply all four serums or use two different serums morning and evening to cover the different needs. Finish with Mellisa Multivitamin Cream, our 24-Hour Anti-Wrinkle Cream.



## EXCERPTS FROM OUR PLANT ENCYCLOPAEDIA

APRICOT – PRUNUS ARMENIACA

An excellent moisturiser that stabilises dry, itchy and sensitive skin. Its Vitamin E content has a revitalising, anti-wrinkle and smoothing effect.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin, Mellisa Day Cream for Oily and Acne-Prone Skin, Firming Facial Gel, Multivitamin Cream, Eye Contour Cream, Lemon Balm Cream, Face & Body Oil, Baby Lotion, Baby Salve, Arnica Salve, Lip Balm

AÇAÍ – EUTERPE OLERACEA

Has a firming, healing and cleansing effect on the skin. Its content of vitamins, minerals and nutrients provides moisture and antioxidants.

**You can find it in:** Multivitamin Cream, Night Cream, Eye Contour Cream, Moisture Mask, Sun Protection Cream SPF 20 and SPF 30, Anti-Wrinkle Serum, Body Shampoo, Shampoo

ACEROLA – MALPIGHIA EMARGINATA

A strong antioxidant that relieves skin irritation, provides intensive moisture and has a firming effect, while counteracting the ageing process.

**You can find it in:** Décolleté Cream, Multivitamin Serum

AFFIPORE™/BUCHU – AGATHOSMA BETULINA

Reduces the signs of oily skin and pores while ensuring softness. Buchu smooths and refines the skin's structure while preserving its vitality and glow.

**You can find it in:** Multivitamin Serum

AGASCALM™ – AGASTACHE MEXICANA

Reduces skin redness and improves and soothes stressed skin. Agastache Mexicana restores the barrier function and gives radiance.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin

AHA-20 PRONALEN™ / FRUIT COMPLEX DERIVED FROM PINEAPPLE, PASSION FRUIT AND GRAPE

Combats the signs of ageing and gives smoother, more supple skin. Smooths wrinkles, promotes cell renewal and revitalises the skin, enabling it to retain its moisture.

**You can find it in:** AHA Herbal Lotion, AHA Cream, Cleansing Milk

EXCERPTS FROM OUR PLANT ENCYCLOPAEDIA



SEAWEED OIL

– LAMINARIA DIGITATA AND LAMINARIA HYPERBOREA

A strong antioxidant rich in Vitamins A, B, C, D and E. These brown algae have a soothing, protective and moisturising effect on the skin. They stimulate blood circulation and purify.

**You can find them in:** Mellisa Day Cream for Oily and Acne-Prone Skin, Leg & Foot Cream, Anti-Wrinkle Serum, Décolleté Cream, Moisturising Night Serum



AQUAXTREM™/RHUBARB – RHEUM RHAPONTICUM

Activates the skin mechanisms that lead to a prolonged moisture treatment and anti-age effect as it moisturises from within. Rebuilds the skin's outer layer and reduces peeling.

**You can find it in:** Lemon Balm Cream and AHA Herbal Lotion



ALLANTOIN

Found in Symphytum Root. Has a soothing effect and promotes the natural cell-division process. Excellent for dry, sensitive and damaged skin.

**You can find it in:** Lemon Balm Cream



ARGAN OIL – ARGANIA SPINOSA

Softens and smooths wrinkles by restoring moisture in the skin. Its content of Antioxidants, Vitamin E and Oleic Acid prevents moisture loss in the skin and has an anti-ageing effect.

**You can find it in:** Moisture Mask, Face & Body Oil



ALOE VERA

Has moisturising, softening and anti-inflammatory properties. Its content of mucilage has a soothing and healing effect on wounds.

**You can find it in:** Night Cream, Eye Contour Gel, Eye Contour Cream, Hand Cream, Cleansing Milk/Cream Cleanser; AHA Herbal Lotion, Body Lotion, Baby Lotion, Baby Bath Oil, Baby Salve, Baby Shampoo, Facial Cleansing Gel, Aftersun, Sun Protection Cream SPF 20 and SPF 30, Lip Balm, Body Shampoo, Shampoo



ARNICA – ARNICA MONTANA

Has a strong anti-inflammatory effect and stimulates the microcirculation. Also has antibacterial properties, reduces swelling and speeds up the tissue healing process.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin, Firming Facial Gel, Leg & Foot Cream, Baby Salve, Arnica Salve, Lip Balm

EXCERPTS FROM OUR PLANT ENCYCLOPAEDIA



CENTELLA – CENTELLA ASIATICA

Preserves the skin's elasticity and has an anti-ageing effect. Its content of Vitamins and Antioxidants purifies, nourishes and moisturises the skin. Has a calming and soothing effect.

**You can find it in:** Mellisa Day Cream for Oily and Acne-Prone Skin, Décolleté Cream, Body Lotion, Aftersun



BILBERRY – VACCINIUM MYRTILLUS

Its content of bioflavonoids has an antioxidant effect, while Vitamin B and C nourish, moisturise and relieve irritation. Promotes exfoliation, smooths the skin and increases its glow.

**You can find it in:** AHA Cream, Eye Contour Gel



AVOCADO – PERSEA GRATISSIMA

A strong antioxidant that promotes the formation of collagen fibres. Rich in Vitamin E and mono-unsaturated fatty acids, it provides and maintains moisture levels in the skin.

**You can find it in:** Aftersun, Sun Protection Cream SPF 20 and SPF 30, Moisturising Night Serum



BORAGE – BORAGO OFFICINALIS

Cleanses, soothes and shields the skin by stimulating its barrier function, providing an anti-ageing effect and protecting the skin from bacterial infections.

**You can find it in:** Moisture Mask, AHA Herbal Lotion, Face & Body Oil



BEESWAX – CERA ALBA

Natural wax extracted from honeycombs. Consists of plant wax, pollen and a secretion produced by the bees. Forms a moisturising layer on the skin.

**You can find it in:** Baby Salve, Arnica Salve, Lip Balm



CARESOFT™ – CURCULIGO ORCHIOIDES

Improves and regenerates the skin's barrier function as well as protecting it against external factors. Contains Vitamins A, B and C.

**You can find it in:** Eye Contour Cream



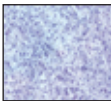
EXCERPTS FROM OUR PLANT ENCYCLOPAEDIA



LEMON BALM – MELISSA OFFICINALIS

Tones the skin and reduces redness. It is anti-inflammatory and can heal irritated skin. Suitable for sensitive and delicate skin.

**You can find it in:** Cleansing Milk, Lemon Balm Cream, Lip Balm



COLLAGEN

Gives skin texture, moisture, elasticity and glow. Binds fluids, plumps the skin and smooths wrinkles. It's like a spring mattress that keeps your skin supple.

**You can find it in:** Firming Facial Gel, Moisture Mask and Décolleté Cream



COMFREY – SYMPHYTUM OFFICINALE

Restores skin tissue, cleanses and softens. Can heal wounds and has a repairing and moisturising effect.

**You can find it in:** Eye Contour Gel and Anti-Dandruff Shampoo



EDELWEISS – LEONTOPODIUM ALPINUM

Adds moisture, elasticity and freshness to the skin. Reduces the signs of ageing and delivers Antioxidants. Has anti-inflammatory and cleansing properties that protect the skin.

**You can find it in:** Anti-Wrinkle Serum, Multivitamin Cream



EVERLASTING – HELICHRYSUM STOECHAS

Delivers Antioxidants to the skin thanks to its content of Flavonoids (polyphenols). Antioxidants inhibit free radical formation and have a powerful anti-ageing effect.

**You can find it in:** Décolleté Cream and Eye Contour Gel



GELMOIST™/RED SEAWEED – CHONDRUS CRISPUS

Rich in Vitamins A, B, C and E as well as Minerals, it adds nutrients and moisture to the skin. Promotes firm skin and a radiant complexion while reducing wrinkles and fine lines.

**You can find it in:** Eye Contour Gel



GINGKO – GINKGO BILOBA

Stimulates tissues, improves microcirculation and protects against free radicals. Adds energy and vitality to the skin.

**You can find it in:** Lemon Balm Cream, Aftersun, Anti-Wrinkle Serum.



BURDOCK – ARCTIUM LAPPA

Has skin repairing properties, inhibits inflammation, cleanses and protects the cell membrane.

**You can find it in:** Mellisa Day Cream for Oily and Acne-Prone Skin, AHA Herbal Lotion, Anti-Dandruff Shampoo



GLYCERINE

Offers excellent hydrating and moisture retaining properties. Softens, smoothes and protects.

**You can find it in:** Night Cream, Multivitamin Cream, Vitamin D Cream with SPF, Day Cream for Dry and Thirsty Skin, Hand Cream, Moisture Mask, AHA Herbal Lotion, Body Lotion, Baby Lotion, Facial Cleansing Gel, Aftersun, Sun Protection Cream SPF 20 and SPF 30



GOJI – LYCIUM BARBARUM

Has a high content of Vitamins and Amino Acids, which gives the skin new energy. Stimulates, moisturises, heals and soothes.

**You can find it in:** Multivitamin Serum, Moisture Mask



POMEGRANATE – PUNICA GRANATUM

Has a high content of Antioxidants and Vitamin C, which stimulates the formation of collagen and ensures fullness and elasticity, while also having an anti-inflammatory effect.

**You can find it in:** Face & Body Oil



GRAPE – VITIS VINIFERA

Provides freshness and a natural peel, with exfoliating properties that slough off old, dead skin cells. Acts as a strong antioxidant.

**You can find it in:** Multivitamin Cream, Anti-Wrinkle Serum

EXCERPTS FROM OUR PLANT ENCYCLOPAEDIA



PUMPKIN – CUCURBITA MAXIMA

Contains Flavonoids as well as Vitamins C and E, which strengthen the capillaries. Cleanses, exfoliates and adds nourishment and moisture to the skin.

**You can find it in:** Vitamin D Cream with SPF



GREEN SEAWEED – CAULERPA LENTILLIFERA

Enhances skin elasticity and adds moisture to the deep skin layers. Vitamins A, C and E restore the skin's smooth appearance and reduce dryness.

**You can find it in:** Lemon Balm Cream, Mineral Serum, Eye Contour Cream, Anti-Wrinkle Serum



GREEN TEA – CAMELLIA SINENSIS

Adds Antioxidants and Vitamins to the skin. Heals, cleanses and disinfects the skin with an anti-inflammatory effect. Soothes sensitive and irritated skin.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin, Firming Facial Gel, Scrub Cream, Body Lotion, Facial Cleansing Gel



GLADBACK™ – PORIA COCOS

Regenerates the youthful elements of the skin. Boosts the microcirculation and reduces wrinkles for a more youthful complexion.

**You can find it in:** Cleansing Milk



CARROT – DAUCUS CAROTA

Carrot Seed Oil nurtures, regenerates and stimulates the skin. Contains Vitamins B, C, D and E, which are excellent for treating damaged, dry and mature skin. Strengthens and preserves the firmness of the skin.

**You can find it in:** Firming Facial Gel, Mellisa Day Cream for Normal and Sensitive Skin, Hand Cream, Leg & Foot Cream,, Mist, Scrub Cream, Body Lotion, Baby Lotion, Aftersun, Sun Protection Cream SPF 20 and SPF 30



BUCKTHORN – HIPPOPHAE RHAMNOIDES

A strong antioxidant that protects your skin from age. It moisturises, nourishes and preserves the vitality of the skin and repairs the skin barrier with antibacterial and antiseptic properties.

**You can find it in:** AHA Cream, Moisturising Night Serum, Day Cream for Dry and Thirsty Skin



HORSE CHESTNUT – AESCULUS HIPPOCASTANUM

Increases blood circulation, prevents water loss in the skin and has anti-inflammatory properties. Restores skin structure and elasticity.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin, Multivitamin Cream, Firming Facial Gel, Leg & Foot Cream



HONEY – MEL

Adds Antioxidants to the skin. Attracts and retains moisture, has anti-irritant and healing effects, and leaves the skin smooth and hydrated for a refreshed and healthier glow.

**You can find it in:** Mineral Serum and Anti-Dandruff Shampoo



HIBISCUS – HIBISCUS SABDARIEFFA

Inhibits the deterioration of the elastic fibres in the skin and reduces oxidative damage. Also helps maintain skin tone and elasticity.

**You can find it in:** Décolleté Cream, Eye Contour Cream, Skin Toner



HOMEOSTATINE – ENTEROMORPHA COMPRESSA/CAESAL-

PINIA SPINOSA COMPRESSA/CAESALPINIA SPINOSA

Contains Green Algae and Tara. Smooths fine lines in the skin and reduces wrinkles. Retains moisture and gives a healthy glow.

**You can find it in:** Day Cream for Dry and Thirsty Skin



WHITE LILY – LILLIUM CANDIDUM

Adds a film-like layer to the skin which promotes the moisture balance. Locks in moisture and maintains the moisture level, which improves the skin's flexibility.

**You can find it in:** Hand Cream



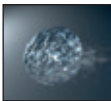
EXCERPTS FROM OUR PLANT ENCYCLOPAEDIA



WHITE TEA – CAMELLIA SINENSIS

Repairs the skin, heals wounds and has a firming effect. Has anti-inflammatory properties and is a strong antioxidant.

**You can find it in:** Night Cream, Eye Contour Cream, Cleansing Milk, Mist, Lemon Balm Cream



HYALURON ACID – SODIUM HYALURONATE

Found naturally in almost every cell in the body. A water-binding molecule that protects against drying, and fills and smooths lines and wrinkles.

**You can find it in:** Cleansing Milk, Hand Cream, Vitamin D Cream with SPF, Day Cream for Dry and Thirsty Skin



ROSE HIPS – ROSA CANINA

Has a softening and firming effect. Smoothes wrinkles, improves the barrier function and makes the skin firm and supple, adding moisture while having an anti-ageing effect.

**You can find it in:** Moisturising Night Serum, Multivitamin Serum



HYDROMANIL™ – CAESALPINIA SPINOSA

Provides an immediate and prolonged moisture treatment. Regulates cell shedding, improves elasticity and smooths lines. Cleans and treats dry, damaged and ageing skin.

**You can find it in:** Mist



ELDER – SAMBUCUS NIGRA

Reduces skin redness and improves and soothes stressed skin. Restores the barrier function and radiance, while moisturising and evening out the complexion.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin



FLAX – LINUM USITATISSIMUM

Moisturising and soothing, with a high content of Proteins and Vitamin E. Locks in moisture and acts as a strong antioxidant.

**You can find it in:** Mineral Serum and Mellisa Day Cream for Oily and Acne-Prone Skin



GINGER – ZINGIBER OFFICINALIS

Boosts the skin's microcirculation and promotes nutrient absorption. Cleanses, heals, disinfects and adds Antioxidants and Vitamins to the skin.

**You can find it in:** Multivitamin Serum, Scrub Cream, Anti-Dandruff Shampoo



ST. JOHN'S WORT – HYPERICUM PERFORATUM

Has a calming effect and treats irritated and sensitive skin. Has a regenerative and healing effect on the skin with its antibacterial and anti-inflammatory properties.

**You can find it in:** Face & Body Oil, Baby Lotion, Baby Bath Oil, Baby Salve, Facial Cleansing Gel



JOJOBA – SIMMONDSIA CHINENSIS

A moisturising oil that delays water loss and increases moisture levels in the skin. Has repairing properties, strengthens the skin barrier and increases flexibility.

**You can find it in:** Night Cream, Cleansing Milk, AHA Herbal Lotion, Face & Body Oil, Baby Lotion



STRAWBERRY – FRAGARIA ANANASSA

Rich in nutrients and Antioxidants that cleanse, firm, lift and have an antibacterial effect. Adds moisture, reduces pores and exfoliates.

**You can find it in:** AHA Cream, Eye Contour Gel, Facial Cleansing Gel



JUNIPER – JUNIPERUS COMMUNIS

Provides an intense cleansing treatment for oily, acne-prone skin. Antiseptic and firming, with repairing and healing properties.

**You can find it in:** Firming Facial Gel and Cleansing Milk



COCOA BUTTER – THEOBROMA CACAO

Provides intense moisture. Reduces redness and alleviates irritated skin. Is nourishing, softening, firming, wound-healing and protective.

**You can find it in:** The majority of Mellisa products

EXCERPTS FROM OUR PLANT ENCYCLOPAEDIA



CAMOMILE – CHAMOMILLA RECUTITA

Soothing for sensitive and irritated skin. Contains Antioxidants that repair, protect and calm the skin.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin, Night Cream, Eye Contour Gel, Cleansing Milk, Mist, Scrub Cream, AHA Cream, Body Lotion, Baby Salve, Facial Cleansing Gel, Sun Protection Cream SPF 20 and SPF 30, Anti-Dandruff Shampoo, Arnica Salve, Lip Balm



WHITE HOREHOUND – MARRUBIUM VULGARE

Reduces inflammation, relieves and cares for sensitive and stressed skin. Rich in Antioxidants that repair irritated skin and have an anti-ageing effect.

**You can find it in:** Night Cream



EVENING PRIMROSE – OENOTHERA BIENNIS

Anti-inflammatory, soothing and healing for red and dry skin with anti-inflammatory, antioxidant and anti-microbial properties.

**You can find it in:** Firming Facial Gel, Mellisa Day Cream for Normal and Sensitive Skin, Mineral Serum, Moisturising Night Serum



LIQUORICE – GLYCYRRHIZA GLABRA

Anti-inflammatory and repairing effect on the skin barrier function thanks to Antioxidants and antimicrobial properties.

**You can find it in:** AHA Herbal Lotion, Lemon Balm Cream



LANOLIN

Protects, cleanses and has an antibacterial effect. Softens and moisturises the skin and increases elasticity and flexibility.

**You can find it in:** Arnica Salve



LAVENDER – LAVANDULA ANGUSTIFOLIA

Has a soothing and anti-stress effect. Alleviates redness and reduces skin flaking. Cleanses and heals wounds on cracked, chapped or irritated skin.

**You can find it in:** Day Cream for Dry and Thirsty Skin, Night Cream, Legs & Feet Cre Leg & Foot Cream, Scrub Cream, Aftersun



LEGACTIF™, CONTAINS BUTCHER'S BROOM – RUSCUS ACULEATUS / GOLDENROD – SOLIDAGO VIRGAUREA / LEMON – CITRUS LIMON

Stimulates blood circulation and reduces swelling in legs. Activates the blood flow.

**You can find it in:** Leg & Foot Cream



LEMON – CITRUS LIMON

Contains AHA, Vitamin C and proteins that improve blood circulation and skin. Offsets the signs of ageing and has an antioxidant effect.

**You can find it in:** Mellisa Day Cream for Oily and Acne-Prone Skin, Firming Facial Gel, Décolleté Cream, Scrub Cream, Multivitamin Serum



LINEFILL™ – SESAMUM INDICUM

Fills wrinkles and lines and provides a natural volume effect around the lips, mouth and face for a rejuvenated, attractive and relaxed face.

**You can find it in:** Moisturising Night Serum and Anti-Wrinkle Serum



MACADAMIA OIL – MACADAMIA INTEGRIFOLIA

Healing, moisturising, smoothing and nourishing for the skin. Has an anti-age effect and protects skin against free radicals as well as reducing the formation of sebum.

**You can find it in:** Scrub Cream and Multivitamin Cream



MARSH-MALLOW – ALTHAEA OFFICINALIS

Prevents the breaking down of hyaluronic acid, which benefits the skin as it maintains moisture levels. Prevents the signs of ageing and reduces inflammatory processes.

**You can find it in:** Day Cream for Dry and Thirsty Skin, AHA Cream, Anti-Dandruff Shampoo, Multivitamin Serum



MALLOW – MALVA SYLVESTRIS

Contains mucilage which has a soothing, moisturising and hydrating effect. Prevents redness and dry skin and boosts the blood circulation.

**You can find it in:** Hand Cream, AHA Cream, Body Lotion



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ALMOND – PRUNUS AMYGDALUS  
Has a high fatty acid content and a softening effect that makes it moisturising and helps to heal wounds. Good for treating sensitive skin.

**You can find it in:** Mineral Serum, Cleansing Milk and Moisturising Night Serum



MANGO – MANGIFERA INDICA  
Contains carbohydrates and AHA that bind water. Prevents loss of water and forms a protective layer of moisturising Antioxidants on the skin.

**You can find it in:** Firming Facial Gel, Multivitamin Cream, Night Cream, Eye Contour Gel, Hand Cream, Skin Toner, Scrub Cream, AHA Cream, Multivitamin Serum



MILK THISTLE – SILYBUM MARIANUM  
Fights the formation of free radicals and acts as a strong Antioxidant. Strengthens and regenerates the cell walls. The plant that is richest in Vitamin A.

**You can find it in:** Multivitamin Cream, AHA Herbal Lotion



MASTERWORT – PEUCEDANUM OSTRUTHIUM  
Anti-inflammatory, wound healing and regenerating. Contains Antioxidants that have a reconditioning and rejuvenating effect for soft and smooth skin, day and night.

**You can find it in:** Mist



MINERAL COMPLEX  
Minerals are essential for rebuilding cells and adding moisture to the horny layer of the skin. They prevent dehydration, increase flexibility and soften the skin.

**You can find it in:** Cleansing Milk, Lemon Balm Cream, Mineral Serum



CALENDULA – CALENDULA OFFICINALIS  
Protects, nourishes and provides intense moisturising care for rough, dry and irritated skin. Anti-inflammatory and anti-microbial properties with healing and cleansing effects.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin, Firming Facial Gel, Eye Contour Cream, Leg & Foot Cream, Face & Body Oil, Baby Lotion, Baby Bath Oil, Baby Salve, Aftersun, Arnica Salve



OLIVE OIL – OLEA EUROPAEA  
A powerful ingredient with anti-inflammatory and protective effects against free radicals. Rich in Polyphenols and Antioxidants.

**You can find it in:** Day Cream for Dry and Thirsty Skin, Hand Cream, Moisture Mask, Leg & Foot Cream, AHA Herbal Lotion, Lemon Balm Cream, Body Lotion, Baby Lotion, Baby Bath Oil, Aftersun, Sun Protection Cream SPF 20 and SPF 30



PEARLESENCE™ – CONCHIOLIN  
A pearl of nature with a powerful anti-ageing effect. Contains the Conchiolin protein extracted from pearls which regenerates and rejuvenates the skin. Reduces dark patches and minimises skin pores.

**You can find it in:** AHA Cream



PHYTOPLANKTON  
Protects and repairs the skin as well as cleansing and reducing the signs of ageing. Its protein content provides a moisturising action. Suppresses inflammation and relieves sensitive and irritated skin.

**You can find it in:** Firming Facial Gel



ROSEMARY – ROSMARINUS OFFICINALIS  
Has a cleansing, anti-inflammatory and antioxidant action. Has an anti-ageing and powerful firming effect.

**You can find it in:** Vitamin D Cream with SPF, Multivitamin Cream, Mellisa Day Cream for Oily and Acne-Prone Skin, Eye Contour Cream, Cleansing Milk, Mist, Body Lotion, Aftersun, Anti-Dandruff Shampoo, Lip Balm



SESAME OIL – SESAMUM INDICUM  
Improves the skin's elasticity and smoothness. Its content of Vitamin E reduces the signs of ageing and it is a powerful antioxidant and moisturiser.

**You can find it in:** Day Cream for Dry and Thirsty Skin, Night Cream, Décolleté Cream, AHA Cream, Anti-Wrinkle Serum, Moisturising Night Serum



SHEA BUTTER – BUTYROSPERMUM PARKII  
Restores the skin's moisture level. Its content of Oleic Acid and Linoleic Acid is antibacterial and improves the skin's barrier function and moisture levels.

**You can find it in:** Mellisa Day Cream for Normal and Sensitive Skin, Day Cream for Dry and Thirsty Skin, Vitamin D Cream with SPF, Multivitamin Cream, Night Cream, Décolleté Cream, Eye Contour Cream, Hand Cream, Moisture Mask, Baby Lotion, Mineral Serum

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SQUALANE

A powerful Antioxidant obtained from Olives that penetrates deep into the skin layers, keeping the skin healthy and smooth and preventing wrinkles. Recovers and improves the moisture balance.

*You can find it in:* Day Cream for Dry and Thirsty Skin, Vitamin D Cream with SPF, Décolleté Cream, Night Cream, Hand Cream, Moisture Mask, Leg & Foot Cream, AHA Herbal Lotion, Arnica Salve



VITAMIN D OIL – PERSEA GRATISSIMA OIL UNSAPONIFIABLES

The Avocado stone is nature's richest source of natural Vitamin D. It penetrates the skin barrier, adds Vitamin D and protects against ageing.

*You can find it in:* Vitamin D Cream with SPF



TENS-UP™, CONTAINS CHICORY – CICHORIUM INTYBUS AND TARA – CAESALPINIA SPINOSA

Repairs the skin with its lifting properties and anti-ageing effect. Firms and smoothes. Reduces wrinkles and softens the skin.

*You can find it in:* Anti-Wrinkle Serum, Moisture Mask and Décolleté Cream



VITASOURCE™ – SCUTELLARIA BAICALENSIS

An innovative and pure active ingredient that delays the ageing of skin cells. Increases the skin's elasticity and firmness. Restores the properties your skin cells had 10 years ago.

*You can find it in:* Multivitamin Cream



THYME – THYMUS VULGARIS

Has a cleansing and antiseptic effect on the skin. Anti-inflammatory, anti-irritant and stimulating. Reduces dandruff and acne and leaves the skin cleansed.

*You can find it in:* Mellisa Day Cream for Oily and Acne-Prone Skin, Facial Cleansing Gel,



XERADIN™ – SALVIA SCLAREA

Increases the moisture levels in the skin and has a proven effect for more than 24 hours. Preserves moisture by counteracting water loss in the skin and has an anti-ageing effect.


*You can find it in:* Day Cream for Dry and Thirsty Skin, Mellisa Day Cream for Oily and Acne-Prone Skin, Vitamin D Cream with SPF, Moisture Mask, Multivitamin Cream, Night Cream, AHA Herbal Lotion, Sun Protection Cream SPF 20 and SPF 30

A selection of our unscented products.







 [FACEBOOK.COM/MELLISAHUDPLEJE](https://www.facebook.com/mellisahudpleje)